

August 2004

Newsletter

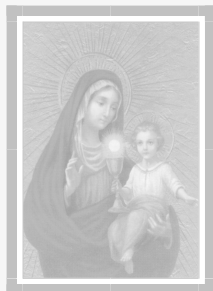
Volume 1, Issue 11

# Embrace The Grace

Pope John Paul II Eucharistic Adoration Chapel  
Naperville, IL 60565



**Day and night  
they do not stop  
exclaiming:  
"Holy, holy, holy  
is the Lord God  
almighty, who  
was, and who is,  
and who is to  
come." Rev 4: 8**



August — Month of the  
Immaculate Heart of  
Mary

## URGENT NEED OPEN HOURS

Monday	4 AM
Friday	2 AM
Saturday	11 AM
Saturday	4 PM
Saturday	6 PM

**DO THIS IN  
MEMORY  
OF ME**



We're on the Web!

See us at:

[www.sesnaperville.org/  
ador](http://www.sesnaperville.org/ador)

Email

[chapel@sesnaperville.org](mailto:chapel@sesnaperville.org)  
630-416-3325

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## August in Adoration

I was thinking about how fast the summer is going the other day. It almost August (**Au**'-gust: *def: the eighth month of the year*), with accent on the first syllable. August is that transition month from summer into fall, that feels like summer in the beginning but in its' second half starts to give us glimpses and hints of what's to come. The days shorten ever so slightly, the sunshine reflects a little more golden off the water, and sunsets are richer with hues of burnt umber and rose and golden brown. August always seems to start out in deep summer heat and end with cool evenings, signaling early signs of transition, change, relief, of renewal.

In the adoration chapel, I can escape the summer heat, and stop by for some cool refreshing conversation with God about whatever hot issues or concerns I have, and leave after my time there feeling a bit less overheated, a bit cooler and refreshed. For me, an hour in the chapel with Christ in His Eucharistic presence is always an (**Au**'-gust) time. A time of transition, of slow change from the heat of life to the soothing coolness of God's love. As I begin my time in His presence I am still full of the concerns, worries and the challenges of life. But over the period of that hour as I

hand over to God my hot days of anxieties, stresses, concerns, worries, requests and dreams; I begin to experience in return, a time of transition, a time of change, a cool night of relief.

August is also a different word, if pronounced differently (**Au-gust**': *def: inspiring awe, imposing and significant, dignified and majestic, as from a very high position*) with the emphasis on the second syllable. Sometimes at Mass and in front of the Eucharist in exposition I think about how incredible it is. As I quote from an instructor of mine "the most important miracle to ever happen in the history of mankind since creation itself"...every time God Himself becomes wholly present to us in the consecrated bread and wine as Eucharist. Incredible, inconceivable, but real nonetheless; to be in the (**Au-gust**') presence of the Creator, and in prayer to speak and listen directly to Him. Talk about a humbling experience and an unbelievable opportunity! It's the most perfect gift ever given!

So this year, in the 8<sup>th</sup> month...**Au**'-gust, make an effort to transition your life from the heat of life's pressures through the soothing and refreshing coolness of God's grace, by spending time in prayerful adoration of God Himself in His **Au-gust**' presence as the Eucharist.

Andy Cirno 07-26-04

## Books missing—can you help?

Read any good books in the chapel lately? Unable to find them again the next week? We're so glad you find our materials helpful to you in your prayer. But *please, please* don't take them home to finish your reading! These books are for your use **IN THE CHAPEL ONLY**, and need to be returned to the shelves before you leave the chapel.

There have been some problems keeping some books on the shelves. This is not a typical lending library. Please return the books that you to the book case as you leave. Many people come in and expect to spend time with the same favorite book and find that it has disappeared. It is

very possible that a library book might get scooped up with your other things. We ask that you check your homes for chapel library books that may have accidentally gone home with you. Check inside the cover of books you're unsure of, please. There should be an inscription or a bookplate indicating the Pope John Paul II Adoration Chapel Library.

We have some new titles and are always open to suggestions for new books.

We are in the process of putting golden stickers with a picture of our monstrance on the spines of each library book so that it will be more obvious which books remain in the chapel. And if you do see one of these at home, you'll remember to return it. Thanks, too, to all who help keep the library shelves neat and organized.

## Silence Is Realm in Which One Can Hear God, Says Pope

JULY 11, 2004 (Zenit.org)

It is:

in the quiet of our lives that we hear His voice more clearly  
 in the darkness of our lives when we begin to see Him more clearly  
 in the depth of the night sky where we feel part of heavenly creation  
 in the depth of our sorrow that we can truly feel His love  
 in the light of truth that often we are blinded by our own insensitivity  
 in our proudest moments that we are always called to humility  
 in our weakest times when we are strengthened by faith  
 in the eyes of our children that we see almighty God's love reflected  
 in the time we spend in prayerful asking that we receive God's grace  
 in simple bread and wine that we are gifted with His presence  
 in spending an hour with Him that we touch eternity

Andy C.

### Prayer After Communion:

"Soul of Christ, sanctify me.  
 Body of Christ, save me.  
 Blood of Christ, inebriate me.  
 Water from the side of Christ,  
 wash me.  
 Passion of Christ, strengthen me.  
 O good Jesus, hear me.  
 Within Thy wounds, hide me.  
 Suffer me not to be separated  
 from Thee.  
 From the malignant enemy,  
 defend me.  
 In the hour of my death, call me.  
 And bid me come to Thee.  
 That with Thy saints I may praise  
 Thee. Forever and ever. Amen."  
 (St. Ignatius)

Pope John Paul II  
 declares a

**Year of the Eucharist**  
 October 2004—October 2005



"The Eucharist is at the center of the life of the Church. In it, Christ offers himself to the Father for us, making us participants of his sacrifice itself, and he gives himself to us as bread of life for our journey on the paths of the world," the Pontiff said.

### Eucharistic Congress

Washington, DC September 24—25

**International Eucharistic Congress**

Guadalajara, Mexico October 10—17

[www.yearoftheeucharist.org](http://www.yearoftheeucharist.org)

### Visit the Burning Bush

"I encourage the initiative called the *Burning Bush* promoted by the Renewal in the Spirit. It is about incessant adoration, day and night, before the Most Holy Sacrament; and invitation to the faithful "to return to the Cenacle" so that, united in the contemplation of the Eucharistic mystery, they intercede for the full unity of Christians and the conversions of sinners. I sincerely desire that this initiative lead many to rediscover the gifts of the spirit, which have their source in Pentecost."

*From Pope John Paul's Pentecost homily in St. Peter's Square 5/30/04*

**From Bishop Thomas J. Olmsted,  
 diocese of Phoenix— on preparing  
 for the Year of the Eucharist**

"As our lives become more intensely Eucharistic, we move from mediocrity to commitment, from lethargy to action, from indifference to charity. As we become dissatisfied with an inadequate understanding of the mysteries of our faith, we become similarly dissatisfied with an inadequate understanding of moral and spiritual issues in our world and with half-hearted efforts to address them. This moves us to serious study of our Catholic faith and on-going Christian formation. We hear in a new way Christ saying to us, at the end of Mass, Go forth to love and to serve the Lord."



**How should we prepare for the  
 Year of the Eucharist?**

**Pray, study, and adore!  
 Share your love of the Eucharist!**

Eucharist in Scripture from Beginning to End:

[www.therealpresence.org/eucharst/scrip/a6.html](http://www.therealpresence.org/eucharst/scrip/a6.html)

Read and pray Pope John Paul II's Encyclical

Ecclesia de Eucaristia

available online [www.vatican.va](http://www.vatican.va)