

August 2006
 Newsletter
 Volume 3, Issue 3

Embrace The Grace

*Pope John Paul II Eucharistic Adoration Chapel
 Naperville, IL 60565*



August 2006

...ask and you will receive; seek and you will find; knock and the door will be opened to you (Luke 11:9)



"O Everlasting Love, Jesus, Who have shrouded Yourself with bread, Eternal Light, incomprehensible Fountain of joy and happiness, Because You want to be heaven on earth to me"
 (St. Maria Faustina of the Blessed Sacrament, *Divine Mercy in My Soul*, 1569).

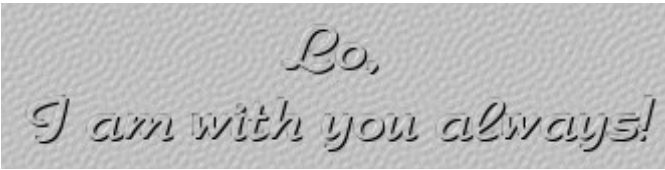


We're on the Web!
See us at:
www.sesnaperville.org/ador
 Email
chapel@sesnaperville.org
 630-416-3325
 ©St. Elizabeth Seton Parish

Praised be Jesus Christ, now and forever!
 We are so blessed to have our beautiful place of respite in the chapel with Our Lord. Have you brought a friend lately to experience this special place?

As you plan your fall activities and make changes in your schedules, please remember your weekly appointment with the Lord. If it you find it necessary for you to make changes, please try to find someone to take your old hour and think about a new hour to refresh yourself each week. If you are making changes in your schedule and If you can't find someone to fill your hour, please call to let us know.

We've added lots of new books to the chapel library, in the last few months. See the back page of this newsletter for titles.



Prayer for Faith in the Real Presence

We come to You, dear Lord, like the apostles, saying, "Increase our faith." Give us a strong and lively faith that You are really present in the Eucharist; an active faith that we may live by.

Give us the splendid faith of the centurion, which drew such praise from You. Give us the faith of the beloved disciple to recognize You and say, "It is the Lord!" Give us the faith of Peter to confess, "You are Christ, the Son of the Living God!" Give us the faith of Mary Magdalene to fall at Your feet, crying, "Rabboni! Master!"

Give us the faith of all Your saints to whom the Eucharist was heaven begun on earth. In every reception of the Eucharist and at every visit, increase our faith and love, our humility and reverence, and all good things will come to us.

Dearest Lord, increase our faith!

"Frequently, only silence can express my prayer; however, this divine guest of the Tabernacle understands all, even the silence of a child's soul filled with gratitude!"
(St. Therese)

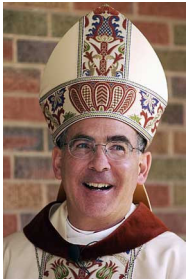
OPEN HOURS

Monday	7 AM
Wednesday	2 AM, 3 AM, noon
Thursday	3 AM
Friday	2 AM, 4 PM
Saturday	2 AM, 3 AM, noon

FROM THE BISHOP

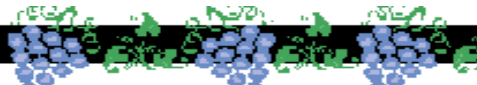
Read Bishop Sartain's weekly column in the Joliet diocesan paper, the Catholic Explorer. www.catholicexplorer.org click FROM THE BISHOP

Each column offers reflections on our Catholic faith and what it means in daily life.



You may mail your prayer requests to:

Bishop Sartain's Prayer List
 Diocese of Joliet
 425 Summit St.
 Joliet, IL 60435-7193



BOOK REVIEWS

Of You My Heart Has Spoken—
Selected columns by Bishop J. Peter Sartain while he was Bishop of the Diocese of Little Rock. 2000—2005



These short articles give us a glimpse of the depth of the spirituality of our new bishop. He covers important topics in the world, the church and daily life. Each chapter pulls together columns to address a particular theme, ranging from prayer and pilgrimage to family and the seasons of the Church.

I'm not Being Fed! (Discovering the food that satisfies the soul) by Jeff Cavins

Jeff Cavins explores the reasons why many Catholics have left the Church for evangelical Christianity. He responds to the most commonly-heard complaint of these former Catholics — that they simply were not being "fed" by their Church and that they longed for a more personal, "spiritually nourishing" relationship with Jesus. Using the sixth chapter of John's gospel as a foundation, Jeff eloquently shows the biblical basis of the Catholic belief in the Eucharist.

ADORATION IS AWESOME

Spread the Good News —

Love your special time with Jesus?
 Love that feeling of peace you cannot find anywhere else?
 Let those good feelings bubble over and spread into the hearts of those around you. Talk to your friends and family about the special experiences you've had face-to-face with Jesus. Let others know what a great gift is waiting here, just for them!

Don't be shy about inviting someone to come and try it out with you. Or encourage someone to stop in when they can, even for 15 minutes. Pray that they will be open to the nudgings of the Holy Spirit.

Jesus waits to offer His gifts of grace to *all*.
 You can help spread the Good News!



Lord, please bless our clergy today!

✠ ✠
 We give thanks for all our bishops, priests and deacons! We ask you to guard and guide them!



*"You must first
 become a reservoir
 before
 you can become a channel!"*

St. Bernard Clairveau (1190 AD)

"We should seek to become reservoirs rather than canals. For a canal just allows the water to flow through it, but a reservoir waits until it is filled before overflowing, then it can communicate without loss to itself. In the church today (i.e. twelfth century), we have many canals but few reservoirs."

Thoughts from Fr. John Hampsch, C.F.M.

- **We can't feed others if we are not fed ourselves.**
- **We can't be an instrumental channel of grace from God for others if we aren't first filled with grace.**
- **The reservoir must be filled so that the spillway or sleuceway spills over into the lives of others. It is only the overflow of your spiritual life that can have any influence on anyone else!**
- **We must balance the interior life and the exterior life! Balance our life of ministry with our life of prayer. Ministry without an interior life does not yield the bounty of fruit that is possible when combined with a deep spirituality.**
- **Too much activity ("activism") without interior prayer life causes physical and spiritual burnout and a weakening of our spiritual effectiveness.**

For God truly does wondrous things.

It is:

- In silence that we hear Him
- In listening that we speak to Him
- In our darkness that we see Him
- In reaching out that we feel Him
- In each other that we find Him

And it is:

- In seeking that He finds us
- In letting go that He guides us
- In broken-ness that He mends us
- In asking that He gives to us

For God truly does wondrous things.

SES Daily Mass Schedule

Daily 6:00 AM (Mon - Fri)

Daily 8:15 AM (Mon.-Sat.,
 except Tues.)

7:00 PM Tuesday

Rosary begins at 7:50 AM before the daily 8:15 Mass



An Adoration Chapel Journal Reflection

"He is going before you to Galilee; there you will see him...."

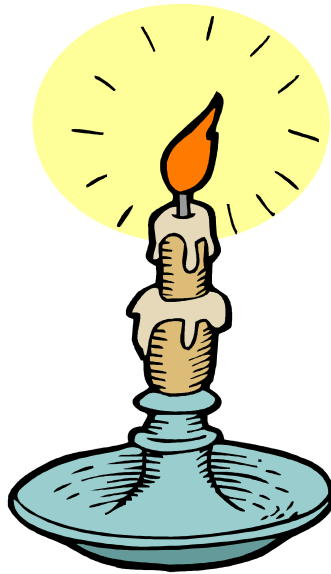
(Mk 16:7)

Is this Galilee—
The place where we will see Him?
Here on a hillside, guests reclined
And heard his word
And shared a poor boy's lunch—
Five barley loaves
Two fish—
Blessed are they ...
Blessed are you ...
Echoes of words circling
Winding around simple hearts
Breathing, absorbing, grasping,
Blending—
Blessed are we who come here.
Is this Galilee ... or Calvary ...
Or both?
Here lies the seaside
Beside sloping hills.
He kindled embers
Cooked fish, revealed
Himself to hungering friends.
Is this Galilee—
Herod's realm—
He whose platter
Could not feed the King
His brother's wife—
And she who ordered
From the fateful menu.
Perhaps it was here
That Abraham fed
His three visitors.
Is this Galilee
Where Mary from Magdala
Lived—transformed
And Cana water—transformed—
to bless
the marriage.
And is it from here
That the Trinity
Promises, produces,
Returns the hospitality
Of the meal—
A heavenly banquet—
Sit down here in the presence
Of your God who visits you.

I will feed you by the seaside
Here, before the Sacrament
In adoration.
Is this the Galilee
Where I see Him?
Is this where he repays the
Hospitality of our father Abraham?
Is this where he washes the evil
And makes it good?



The Light



My eyes are fixed upon a holy light in life's darkness
It is far yet near, separate from me but here.
Is this Holy light a person, a place, a condition?
Is it a fire, consuming all, or a beacon guiding me?
Or is it a call, a hearkening, a beckoning to come?

Is this light part of a larger one?
A piece of the whole I can not see?
Is this light for me, for anyone, for everyone?
Is this light stationary, waiting, is it moving away,
Or moving toward me as I desire to reach it?

Do I search it out, and move toward it?
Hoping to find, to discover, and be warmed by its light
Or do I pull away in fear of the unknown?
Will this flame consume me? I wonder.

And yet I am drawn as a magnet by a force unseen

Drawing near to this precious light, all becomes brighter, clearer
Its unquenchable heat radiates to all and permeates my bones
Its glow lights my way and shows me the edges to avoid
I feel safer, somehow protected in its wondrous aura
And want to remain here, finally at home.

In this holy closeness I am filled by this light's warmth and comfort
As I open myself to this gracious soothing flame of grace
I feel incredible love and gentle kindness and mercy
Giving myself totally, enveloped, I become somehow one with this light
Taking on its glow, reflecting and spreading its light from within

For I know this wondrous light is His presence, His love
His incredible and boundless grace, there for me always,
It sustains me with blessings and mercy
This is all I need, all I will ever want
Now part of me, its brightness I can not contain,
I will bring His light of love
With me forever, to share and spread to all I meet



Chapel Library Additions

These outstanding books are new (or not so new) !



If you'd like to read and pray with these books, please feel free to use them in the chapel. Please leave the books for others to enjoy—this is NOT a lending library! Do not take them home, please!

Others get very disappointed when they can't find their favorite book on the shelf. If you find a chapel book at home, please return it. They are usually marked with a giant yellow round sticker on the spine.

If you'd like your own copy make note of the title and author and visit Naperville Religious Goods (corner of Washington St. and Gartner Road in Naperville 630-718-1860) or your local Catholic bookstore to order your own.

- **Of You my Heart has Spoken**, Bishop J. Peter Sartain
- **I'm not Being Fed! (Discovering the food that satisfies the soul)**, Jeff Cavins
- **Theology of the Body for Beginners**, Christopher West
- **Rosary Meditations, Loving Jesus with the Heart of Mary**, Mother Teresa
- **Mother Angelica: The Remarkable Story of a Nun, Her Nerve, and a Network of Miracles**, Raymond Arroyo
- **Thomas Merton, an Introduction**, William Shannon
- **Compendium of the Catechism of the Catholic Church**, Benedict XVI
- **God is Love, Deus Caritas**, His Holiness Pope Benedict XVI
- **The Holy Eucharist Prayer Book**, Alfred McBride, O. Praem.
- **Eucharistic Contemplation**, Ernest W. Ranly
- **Lord, I am With You Always**, compiled by Christine McCarthy (published in Australia)
- **An Hour With Jesus**
- **Jesus, We Adore You! Prayers Before the Blessed Sacrament**, Paul Thigpen
- **The Life of Christ**, Archbishop Fulton Sheen
- **Making all things New, and Invitation to the Spiritual Life**, Henri Nouwen
- **Miracle Hour**, Linda Schubert
- **Discovering Catholicism**, Matthew Kelly
- **Lamb's Supper**, Scott Hahn
- **The Faith Explained**, Leo Trese
- **You Can Become a Saint**, Mary Ann Budnik
-

Do you have other suggestions for books for our library?
Please email ideas to chapel@sesnaperville.org