

Embrace The Grace

Pope John Paul II Eucharistic Adoration Chapel
Naperville, IL 60565



Let every knee bend
before Thee, O
greatness of my God,
so supremely humbled
in the sacred Host!

St. Margaret Mary

Good news

Adoration on the Rise —
Eucharistic adoration has
enjoyed more and more
popularity in recent years,
but perhaps nowhere more
than in the Archdiocese of
Minneapolis-St. Paul. Some
people attribute the growing
number of vocations and
even drops in crime to the
phenomenal growth of
Eucharistic adoration
chapels.

National Catholic Register
February 22, 2004

We're on the Web!

See us at:

www.sesnaperville.org/ador



email
chapel@sesnaperville.org
630-416-3325

©St. Elizabeth Seton Parish

March – We adore You, O Christ!

**We adore You, O
Christ, and we praise
You, because by your
holy cross You have
redeemed the world!!**

The Lenten season has
begun and we find ourselves
focusing more and more on
Christ and what He has done
for us. We ask, "What can we
do for Him?"

We hear that drop-in visitors
to the chapel are increasing
during these holy weeks.
Jesus takes much delight in
new adorers.

Please invite new people to
come to the chapel. Your
suggestion and witness can
be very powerful in recruiting
new adorers. You might
suggest to friends that they
might try it for the six weeks.
If they feel that their lives are
better for spending time with
Jesus, they are welcome to
sign up for a permanent hour.

There is a lot going on in and
around the chapel and we
invite you to become involved
in one of the chapel
committees. You can do as
little or as much as you're
comfortable with.

We have need for folks to
help in these areas:

- hourly coordinators,
- the chapel library
- children's adoration
program
- "Sign up Sunday"
committee (twice a year)

- Martha Ministry (weekly
cleaning of the chapel
with several alternates)
- Maintaining Substitute
List with Microsoft Excel
- Making phone calls

What gifts has the Lord
blessed you with? What do
you have to share? If you're
interested in learning more,
call Alice Meister 416-3119
or Barb Brock 369-0853

Lent

Have you considered ...

- Making one extra brief
visit to the chapel for the
weeks during Lent?
- Giving an offering of \$10
for one of the chapel
candles or the sanctuary
candles in the church.
You can specify a
special intention when
making the donation in
the parish office. These
are one week candles.
- Attending an extra Mass
each week? Or even
attend daily.
- Getting a nice journal
and writing love letter to
the Lord each time you
visit the chapel. Take
note of any special
promptings of the Holy
Spirit. Sometimes they
are fleeting and it is nice
to write it down when
you first are aware.

SES Daily Mass Schedule

Daily 6:00 AM (Mon - Fri)

Daily 8:15 AM (Mon.-Sat.,
except Tues.)

7:00 PM Tuesday



See our website for other
parishes' daily Mass and
reconciliation schedules.

www.sesnaperville.org

**Lord Jesus, what has
made you so small?**

LOVE

**St. Bernard
of Clairvaux**

Catholic Calendar

Our Catholic Calendar is
rich with wonderful feasts.
Please get to know the
Catholic Calendar. When
you're in the chapel, ask the
saint whose feast day it is to
pray with you.

March

- 3 St. Katharine Drexel
- 4 St. Casimir
- 5 St. John Joseph of the
Cross
- 6 St. Collette
- 7 St. Perpetua and St.
Felicity
- 8 St. John of God
- 9 St. Dominic Savio
- 17 St. Patrick
- 18 St. Cyril of Jerusalem
- 19 St. Joseph
- 25 Annunciation of the
Lord

More Chapels

There was a day-long Eucharistic Adoration Workshop here earlier last fall, sponsored by the Adoration Committee of SES. Participants left with armloads of material, and minds and hearts on fire with ideas for starting or expanding Adoration in their parishes.

Does the parish in your "hometown" have an adoration chapel? If not, do you know someone who might be willing to start one? If you would like information and resources, visit the website:

www.adorationworkshop.org and give is a call. We'll be happy to send out copies of our handouts.

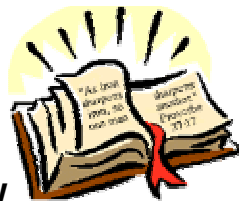
Nationwide adoration chapels continue to rise! Today there are 697 perpetual adoration chapels (17 more than in September) Praise God!

"When the Blessed Sacrament is exposed in the chapel ... it seems to me that it is Heaven I am entering, and it really is just that in reality, since the One I adore in faith is the same One the glorified contemplate face to face!"

(Bl. Elizabeth of the Trinity, *Letters*, p. 67)

"When you look at the Crucifix, you understand how much Jesus loved you then.

When you look at the Sacred Host you understand how much Jesus loves you now."
Mother Teresa



CHAPEL BOOK REVIEW

Jesus, We adore You!
Prayers Before the Blessed Sacrament
By Paul Thigpen

This is a beautiful prayer book that leads you through several stages of prayer:

- Meditation** – reflections on the importance of adoration
- Invocation** – recognizing and entering into Jesus' Eucharistic presence

- Adoration** – worshipping Jesus in the Blessed Sacrament
- Conversion** – becoming like Jesus
- Silence** – listening and resting in His Eucharistic Presence
- Petition** – coming to Jesus with our needs
- Intercession and reparation** – praying for others
- Solidarity** – joining with the Angels and Saints
- Mission** – the power and promise of Eucharistic Adoration

There is a rich chapter on each type of prayer. The introduction suggests that you choose one or two prayers or meditations for each of these stages of prayer through your holy hour.



Notes from the Adoration team

We pray that your Lent is already a fruitful period of prayer and reflection for you and that you feel the call to radical conversion and trust in God's mercy.

As we approach our 2nd anniversary (April 14) of perpetual adoration at St. Elizabeth Seton parish, we begin to reflect on the blessing that our chapel is to our parish and to each parishioner.

In thanksgiving for the wonderful gift of our Adoration Chapel, we invite you to be part of a special "spiritual bouquet" to be presented to our St. Elizabeth Seton family.

A large poster with specific prayer intentions for our parish, listed by hour, will soon be posted in the chapel anteroom. Please consider pledging an hour (or more if you wish!) of prayer for one of these parish intentions.

The prayer poster, complete with your signed pledges, will be presented to Fr. Ernie & the St. Elizabeth Seton parish family, as a gift upon the 2nd anniversary of our adoration chapel. So watch for the poster and be sure to sign up to make this a most meaningful gift to our parish!

IMPORTANT REMINDERS FOR ALL ADORERS & VISITORS

Your autograph, please -- When you arrive at adoration, whether as a regular or a sub, please be sure to sign in. That helps everyone before and after you know that we're covered, and helps the committee keep track of where we need adorers most. Thanks.

Here are a few gentle reminders to help us all to be considerate of our fellow adorers and parish staff members who share use of the building where the chapel is located:

- be sure all doors are latched tightly when you enter; DO NOT leave door ajar
- the back parish office door is for restroom access only; use front door for parish business
- parish office is closed noon to 1 pm daily
- if you are obtaining a sub during evening/early morning hours, be sure to give the sub the security code so they can get in and make sure they know which "night" to come.

*Thanks for your cooperation in keeping our chapel the beautiful, safe haven it was meant to be!
God be with you!*