

Embrace The Grace

Pope John Paul II Eucharistic Adoration Chapel
Naperville, IL 60565



Come joyfully to the presence of the Lord!

Good News!

- November is the month of the Holy Souls!
- You can receive a plenary indulgence (under the normal circumstances) when you spend a half hour of adoration or say the rosary in the presence of the Blessed Sacrament.
- See our chapel library for special books with prayers for the Holy souls in purgatory

We're on the Web!

See us at:

www.sesnaperville.org/ador



email
seschapel@catholic.org
630-416-3325

November - a month to be thankful!!

The Catholic Church has a long tradition of praying for our beloved dead. November is traditionally the month that focuses on praying for the "holy souls" in purgatory.

Please also continue to pray for our priests and for vocations. See this website for details of the spiritual bouquet to be given to our Holy Father for Christmas www.vocations.com

As you make your holiday plans this year, please

consider your scheduled adoration times and get a substitute when you're unable to attend.

If you would be able to sub for others on one of the holidays, there will be a sign-up sheet on the bulletin board soon. Thank you all for being an integral part of this ministry!

Do you adore during an hour where there are many people? Would you like to spend really quiet and alone time in prayer? Take a look

at the schedule in the chapel to see lightly attended hours. Please call your hourly coordinator or Barb at 369-0853 or Alice at 416-3119 if you'd like to swap hours.

"When you look at the Crucifix, you understand how much Jesus loved you then. When you look at the Sacred Host you understand how much Jesus loves you now," - Mother Teresa

Reconciliation Times

Most Catholic churches offer the sacrament of reconciliation on Saturday afternoons before the Vigil Mass. If this timing is does not work for your routine, there are a few other options for you.

See our SES website at www.sesnaperville.org and click on the Local/Diocesan Links for area Mass and Reconciliation times.

When you're traveling, check www.masstimes.org for, not only Mass times, but also adoration hours and reconciliation times.

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen

Local Confession times

St. Elizabeth Seton
630-416-3325
Saturday 4:00 PM

Sts. Peter & Paul
630-335-1081
Thursday 7:30 AM
Thursday 4:30 PM
Sunday 7:00 PM

St. Joan of Arc, Lisle
630-963-4500
Saturday 10:30 AM

Catholic Calendar

Our Catholic Calendar is rich with wonderful feasts. Please get to know the Catholic Calendar and when you're in the chapel, ask the saint whose feast day it is to pray with you.

November

1	<u>All Saints' Day</u>
2	<u>All Souls' Day</u>
3	<u>St. Martin de Porres</u>
4	<u>St. Charles Borromeo</u>
10	<u>St. Leo the Great</u>
11	<u>St. Martin of Tours</u>
12	<u>St. Josaphat</u>
13	<u>St. Frances Cabrini</u>
16	<u>St. Margaret of Scotland</u> <u>St. Gertrude</u>
17	<u>St. Elizabeth of Hungary</u>
18	<u>St. Rose Duchesne</u>
21	<u>Presentation of Mary</u>
22	<u>St. Cecilia</u>
26	<u>St. John Berchmans</u>
28	<u>St. Catherine Laboure</u>

Plenary Indulgence for Adoration

Summary of Norms for Gaining Indulgences for the Poor Souls in Purgatory or Oneself
(issued by Pope Paul VI on January 1, 1967)

A plenary indulgence is a complete release from the temporal punishment due for sins already forgiven (as far as their guilt is concerned).

Conditions for a plenary indulgence:

- A. One must be baptized and in the state of grace.**
- B. One must receive Holy Communion each time a plenary indulgence is sought.**

C. One must go to Confession within approximately a two week period. A single sacramental Confession suffices for gaining several plenary indulgences.

D. One must have a disposition of mind and heart which totally excludes all attachment to sin, even venial sin, otherwise he can gain only a partial indulgence.

E. One must pray for the intentions of the Holy Father, the Pope, preferably one "Our Father and one "Hail Mary," however, any other pious prayer may be substituted.

F. One must have at least a general intention to gain a plenary indulgence.

G. One must also fulfill one of the following suggested spiritual works:

- At least a half hour of adoration of the Blessed Sacrament,
- Family or group Rosary, private Rosary before the Blessed Sacrament,
- At least a half hour of pious reading of Sacred Scripture,
- Walking the Stations of the Cross in a church or with properly erected display of the Stations.

Prayer for the Holy Souls

O gentlest Heart of Jesus, ever present in the Blessed Sacrament, ever consumed with burning love for the poor captive souls in purgatory, have mercy on their souls.

Be not severe in Your judgments, but let some drops of your precious Blood fall upon the devouring flames.

And, O most merciful Savior, send Your angels to conduct them to a place of light and peace. Amen.



Speaking of Eucharistic Adoration, Pope John Paul II writes: "There we will learn the secret of overcoming our solitude; receive the strength to bear all sufferings; the nourishment to make new beginnings after every discouragement; and the inner energy to bolster our decision to remain faithful."

Spiritual Witness Spotlight

We will reserve space each month for a personal story or two from a fellow adorer. The stories should be spiritual in nature. Stories that highlight spiritual blessings received, prayers answered, special graces in time of need, changes you've experienced as a result of your hour with Jesus, etc. are all welcome.

Here are the guidelines:

- Try to keep your story to 250 words or less (this can be tough!).

- All stories must be true, original and not previously published.
- Submit via email to seschapel@catholic.org
- Print your story in the book of Answered Prayer on the chapel sign in table.
- Stories may be edited for length and not all can or will be published.

Please share your spiritual journey with others so they may

understand the many ways that God works in this wonderful world. By sharing your witness, others are drawn to our Lord in the Blessed Sacrament.

The Divine Praises

Blessed be God.
 Blessed be His Holy Name.
 Blessed be Jesus Christ, true God and true man.
 Blessed be the name of Jesus.
 Blessed be His Most Sacred Heart.
 Blessed be Jesus in the Most Holy Sacrament of the Altar.
 Blessed be the Holy Spirit, the Paraclete.
 Blessed be the great Mother of God, Mary most holy.
 Blessed be her holy and Immaculate Conception.
 Blessed be her glorious Assumption.
 Blessed be the name of Mary, Virgin and Mother.
 Blessed be Saint Joseph, her most chaste spouse.
 Blessed be God in His angels and in His Saints.